

Our Mission is to provide the South West community with excellence in respite and end-of-life care within a home-like environment; embracing respect and compassion for all people.

Upcoming Events

- Community Appeal - June 2023
- Parkinson's Support Group - last Friday of each month
- Bereavement Support Group - every 2nd Monday
- Down Memory Lane - 3rd Wednesday of each month

We acknowledge the valuable contribution to Anam Cara Colac, of the following businesses, organisations and community groups:

- Coragulac Quarries
- StevCom
- Colac Motorfest
- Meriba Service Club
- Permaculture Australia
- The Caponero Grant
- Findex Community Fund
- SLM Law
- Murnane's Country Fresh Meats
- Colac Dairies

**QIC Accredited Organisation
Member - Palliative Care
Victoria Inc (PCV)
Member - International
Association for Hospice and
Palliative Care (IAHPC)**

Anam Cara Colac acknowledges Aboriginal and Torres Strait Islander Peoples as the First Australians and especially the Gulidjan (also known as the Kolakngat) people who occupied the Lake Colac region of Victoria.

Contact Us

50 Forans Road, Barongarook West, 3249
PO Box 508, Colac 3250
p. (03) 5233 8203
e. manager@anamcarahousecolac.org.au
w. www.anamcarahousecolac.org.au

A word from ...

Diane Wright OAM, Founder & President Emeritus

As the leader of Anam Cara Colac for almost twenty years, I am acutely aware of the importance of succession planning and believe a good leader must address this for the well-being of their organisation.

To this end, at our December 2022 Committee Meeting, I sought approval from our governing body to transition from the role of President, to President Emeritus. I will remain on the Committee, and continue to liaise with the community, our patrons and stakeholders as required, supporting our hospice in various ways. I have considered this decision carefully and see this as an important and positive step for Anam Cara Colac.

I am therefore delighted to inform you, that Ms Maryjane Crabtree has graciously accepted the position of incoming President of Anam Cara Colac being duly elected on 14th March 2023. The election of Maryjane Crabtree as President, ably assisted by Marion Nott our Vice President, and supported by our fine Committee Members, will ensure that Anam Cara Colac is well governed as I step into the position of President Emeritus.

Maryjane Crabtree has served on our Anam Cara Colac Committee of Management since our AGM in November 2021 and has made a



Maryjane Crabtree & Diane Wright

notable contribution during that time. Maryjane brings with her a breadth of experience and attributes including extensive experience within the legal profession plus significant governance experience, and serving on the Board of Management of Epworth Healthcare from 2012 until 2021, including as President for the last 4 years of her term. This experience is underpinned by her personal integrity and her commitment to serving the community. Maryjane has an excellent understanding of Anam Cara Colac's unique model of community care and I know she will strive to both preserve and enhance our culture of 'home-like' hospice care. I am confident that Maryjane has the passion and perspicacity to well lead Anam Cara Colac into its second decade of care for Colac and South West Victoria and she has my full support.

I convey my very best wishes to each one of you, our Anam Cara 'Soul Friends' for 2023.

Diane Wright OAM

Community Appeal - Make Your EOFY Donation Today!

Since commencing clinical care in January 2012, Anam Cara Colac has supported some 450 Guests and their carers and families, involving over 7200 episodes of care. Our desire is to support, without financial bias, every member of the community at a time when they need it most. Anam Cara Colac does not receive any recurrent government funding and relies heavily on philanthropic and community support. As funding becomes tighter, demand for our service continues to grow. Your support enables us to build capacity to meet the increasing need for hospice care and ensure we are available when and where care is needed. Your contribution and support has a profound impact and will make a difference. Donate at our website or phone the office to arrange your donation.

Honouring Queen Elizabeth II

An Illawarra Flame Tree has been planted in the grounds of Anam Cara Colac in tribute to Her Majesty the Queen, Elizabeth II. The donation of this tree and plaque is graciously received. Queen Elizabeth II was well known for her patronage of hospice care in the United Kingdom.



Vale

It is with great sadness that we acknowledge the death of Peter Mercer in March. Peter was the husband of our first Vice President and Life Member, Anne Mercer. We were also saddened to learn of the death of Rosemary Skinner, wife of our lawn mowing volunteer, Roly; and grandmother of our Admin Assistant, Briannah. Our condolences also to June Sherry and family on Darrel's death. June has been a staunch supporter of Anam Cara Colac.

Find Us

Visit the Website - to find everything you need to know about Anam Cara Colac
www.anamcarahousecolac.org.au

On Facebook - "Like" us on Facebook to keep up with the happenings at the hospice.

Donate - Donations can be made by mail, phone, in person or via our website or Facebook page.

All donations over \$2 are tax deductible. Contact us today to make your donation.

Thank you Jayla!

"At St Mary's Primary School in a science lesson, we made these sunflower seed bombs. We are learning about recycling using paper. I thought the guests at Anam Cara would like to look at the sunflowers in the garden to brighten their day" - Jayla Rodger, Grade 2



Thank you to Coragulac Quarries & StevCom

We would like to thank Coragulac Quarries and StevCom for their ongoing pro bono support of our community hospice. Coragulac Quarries recently reformed our driveway (no more potholes!) StevCom have been instrumental in getting our rooftop fire sprinkler service set up and it can now be activated remotely in an emergency.

Volunteer Week Celebrations

We recently hosted our Volunteers at a celebration to acknowledge the incredible contribution they all make to Anam Cara Colac during Volunteer Week. Our volunteers were treated to a wonderful high tea, received gift bags and were entertained by the amazing Jeanette Young. Our sincere gratitude to Otway Estate, Lake View Cafe Colac, Otway Pasta Company, Thistle and Thorn Florist, Hayley Newman and Multiflor Nursery for donating items for our gift bags.

