



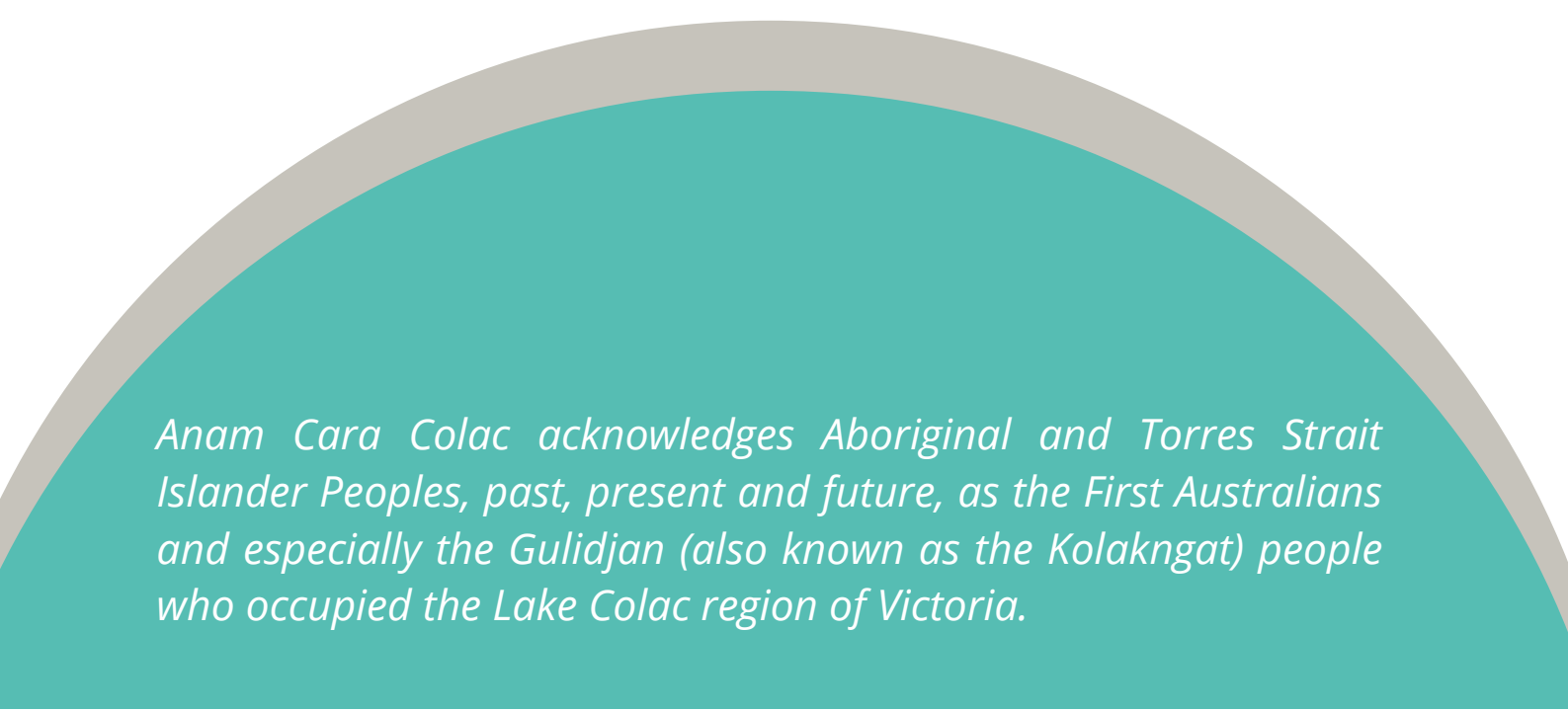
ANNUAL REPORT

2021-2022


anam
cara

COLAC

Pictured on Front Cover: Our inaugural Hospice Manager Deborah Payton and our current Hospice Manager Karen Eccles, cut our 10th birthday cake, March 2022



Anam Cara Colac acknowledges Aboriginal and Torres Strait Islander Peoples, past, present and future, as the First Australians and especially the Gulidjan (also known as the Kolakngat) people who occupied the Lake Colac region of Victoria.

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Our Mission

"To provide the South West Victorian community with excellence in respite and end-of-life care within a home-like environment; embracing respect and compassion for all people."

What is Anam Cara Colac?

Anam Cara Colac is a community founded health service established in 2011 to serve the regional community of South West Victoria. Anam Cara Colac underpins home care by providing excellence in respite and end-of-life care for people with a long term or life-limiting illness.

Anam Cara Colac is a community founded hospice, established to support home care and as such, our point of difference is the provision of personalised care in a “home like” environment within peaceful and rural surrounds.

Anam Cara Colac is a fully accredited health provider under the Quality Improvement Council (QIC), and provides care under the National Palliative Care Standards. It is also a member of Palliative Care Victoria (PCV) and the International Association for Hospice & Palliative Care (IAHPC). Well governed with a skilled and stable community-based Committee of Management, Anam Cara Colac is an incorporated, not-for-profit, charitable organisation. The Hospice is staffed by a team of dedicated Registered Nurses, Personal Care Assistants and trained Volunteers who are all committed to providing person-centred care for both our guests and families.

The unique care provided by Anam Cara Colac is available to all the community, without financial bias, and is tailored to meet the individual needs of each guest (patient) and their family. Our purpose is to support those in the community at a time when they need it the most. Anam Cara Colac also supports a significant number of isolated and vulnerable people, including many on low incomes or living in isolated or difficult circumstances.

The importance of family care is also recognised and accommodation and care support including follow-up bereavement care, is offered to guests' families. In addition Anam Cara Colac has on-call capacity to support carers 24 hours a day and can provide rapid access to care on-site at Anam Cara Colac, or in-home, with no ACAS assessment required.

In summary, Anam Cara Colac is the only specialised palliative respite facility in the region and offer the following core services:

- End-of-Life Care
 - Short term Residential Respite
 - Day Respite
 - In-home Care
- 

President's Report

Diane Wright OAM

2021-2022 has been a watershed year for Anam Cara Colac as we commenced our second decade of 'gold standard care' to the community of South-West Victoria. Anam Cara Colac is now well-established and fully accredited with a reputation for excellence in skilled, compassionate and family-inclusive care that also supports, without bias, vulnerable and isolated persons in our South-West region of Victoria.

During the past twelve months we have continued to provide our comprehensive and person-centred, community-based model of care in response to increasing community demand. We cannot see this demand for care diminishing but rather increasing - and possibly even changing in its profile and scope.

In the past twelve months, under the dedicated leadership of our Hospice Manager, Karen Eccles, we have provided 995 episodes of overnight care to 81 guests, including 24 guests receiving end-of-life care. A further 28 guests have participated in 481 attendances at our Day Hospice. We have been especially proud to be a key palliative service provider to the community for "family-inclusive" end-of-life care, while still impacted by COVID-19 restrictions.

"Best practice palliative care is both person-centred and family inclusive, delivered in the setting of the person's choice "

Indeed during this past financial year, our Committee of Management, Management Executive and all our Care Team - our Nurses, Personal Care Assistants and many Volunteers - have continued to "step up to the plate" in the face of the ongoing challenges of the Coronavirus Pandemic.

For Anam Cara Colac these challenges have included pressure on staffing and rostering (as has been the case throughout the health care sector) plus an increased pressure on our operational budget as demand for our service has continued to increase. However, as an organisation, we have viewed these challenges as an opportunity.



President's Report

Diane Wright OAM

To this end we have been strategically reviewing our service delivery, succession planning and sustainability with a focus on community needs, choice in place of care and person-centred care as we move into our second decade of health care to our South-West regional community.

This review is especially pertinent given the current climate of change following the 2021 Recommendations from The Royal Commission into Aged Care plus Federal and State Government recommendations and, most specifically, Palliative Care Australia recommendations into best practice and person-centred palliative care. The 2022 Census results confirm an increase in our ageing 'baby boomer' population who are now living with multi-factorial health issues and comorbidities, an increase in single person households and a demographic shift of our population with regional re-location in the wake of COVID-19.

Our 2022 robust strategic review, acknowledging these and other factors will enable Anam Cara Colac to continue to provide its gold standard of "home-like" care in a responsive and relevant manner, well into its next decade of care.

*"You matter because you are.
You matter to the last moment of your
life; and we will do all we can to help you
die peacefully, but also to help you live
until you die"*

DAME CICELY SAUNDERS
*Founder of the Modern Day Hospice
Movement*

Most certainly, we are seeing some clear trends in people's choice of place for both respite and end-of life care, more so especially following on from COVID-19. Indeed, our regional community have clearly indicated a preference for end-of-life care in the safe "home-like" and "family inclusive" environment offered at Anam Cara Colac.

The other trend we have identified is the In-Home care needs of people who choose to stay at home. Thus, we are considering ways to respond to this need, in line with the Victorian Government's End-of-life and Palliative Care Framework recommendations.

When looking to the future and taking into account the increasing community demand for our care and the community's changing care needs, it is also paramount we secure our financial sustainability. Thus, with the support of our Local Government, the Colac Otway Shire and the advocacy of Mayor Kate Hanson and CEO Anne Howard, an approach to Federal and State Government has been undertaken over the past twelve months. Most specifically in the lead up to the November 2022 State elections which includes an approach to State Government for ongoing financial assistance for the provision of our unique palliative care service to the local and regional community.

President's Report

Diane Wright OAM

Importantly, too, our clinical team continue to work closely with Colac Area Health with an annually reviewed MOU and monthly clinical meetings with their Community Palliative Care Team to ensure the seamless delivery of palliative care to the community.

We also value the relationships we have with Palliative Care Victoria and the Victorian Compassionate Communities Network and, more recently, the Western Victorian Primary Health Network.

2022 has indeed been a year with some ongoing challenges - most especially COVID-19 related. However, there have also been some wonderful highlights which are featured in this report, including:

- Our 10th Birthday Celebrations with a service of thanksgiving at St Mary's Church Colac.
- The appointment of our third Patron in Mr John Dowling
- The launch of our history - "Anam Cara Colac Story: From Vision to Reality 2004-2021" (now available on our website as an e-book).
- The appointment of new key staff to Anam Cara Colac.
- The recognition in May by The International Association of Hospice and Palliative Care [IAHPC] for outstanding care to our regional community. Selected from IAHPC members across the world, we were given the "IAHPC Institutional Recognition Award 2022 in the high-income category".

Finally, as Founder of Anam Cara Geelong, I am delighted with the completion and opening of the 'New Anam Cara' at Waurin Ponds, on the Deakin University campus. We congratulate Diana Taylor, Chairperson and the Anam Cara Geelong Board for their foresight and outstanding achievement of this state-of-the art, purpose-built hospice that will undoubtedly make a difference in the lives of many people in the Geelong and regional community.

The Anam Cara story of service to the community, both in Geelong and in Colac, is an extraordinary example of how committed and hard-working individuals, supported by caring and compassionate communities can achieve what, at the outset, seemed like an almost impossible goal. The example of 'Ordinary people doing extra-ordinary things!'

Diane Wright OAM
Founder & President

RESPECT DIGNITY TRUST COMPASSION COMMUNITY



Hospice Manager's Report

Karen Eccles

The financial year 2021 – 2022 has proven to be our busiest year yet. All the services we offer providing assistance and support to over 100 guests and their families across our overnight, day and in-home respite programmes, were in high demand.

With the easing of COVID-19 restrictions, we were thrilled to welcome our Day Respite guests back in late 2021. The guests all gain so much from the opportunity to get together each week and carers greatly appreciate the few hours break.

January 2022 opened with a bang when our dining room was inundated during a heavy downpour of rain. For about three months we were without this space, but adapted very quickly to ensure guest care was not impacted. Great appreciation is due to Mark Rosevear for co-ordinating repairs very quickly.

After almost two years of lockdowns and isolation, we have enjoyed the opportunity to reconnect with our community in the first half of 2022. Being able to welcome visitors back to the house and get out and meet people face to face was a real joy. This began with our 10 year anniversary celebration in March. It was a joyful evening, shared by so many people who have contributed to the creation and ongoing success of our amazing Hospice.

We have learned many things from living an online life for two years, realising that it is very possible to make and maintain connections via video calls. This learning has opened up many opportunities for networking at a national and international level.

We are also fortunate that we have much greater access now to world class Professional Development for our staff from the comfort of our own homes.

In April 2022 we were particularly honoured to receive an International Recognition Award from the International Association of Hospice and Palliative Care. This award is a great achievement for a little home away from home in regional Victoria and a great tribute to the many people whose dedication makes our care possible.

"The IAHPC Individual Recognition Award recognises institution's outstanding dedication to the development and provision of palliative care, leading to improvements in the quality of life of patients with serious health related suffering. Your institution's hard work and commitment to the development of palliative care is certainly one which deserves much recognition and support."

- Liliana De Lima, MHA Executive Director IAHPC



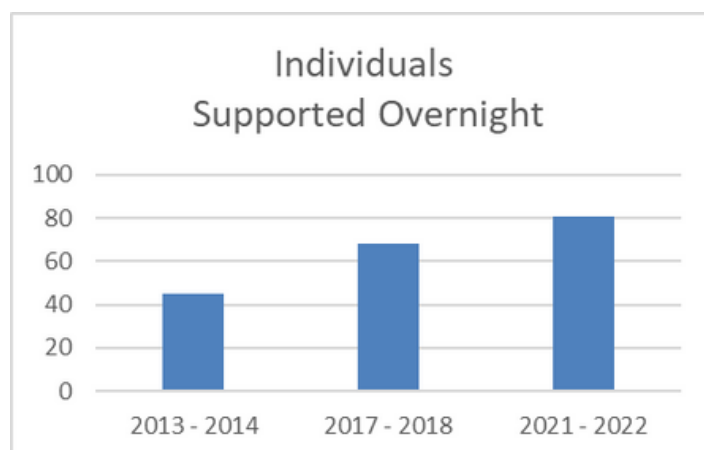
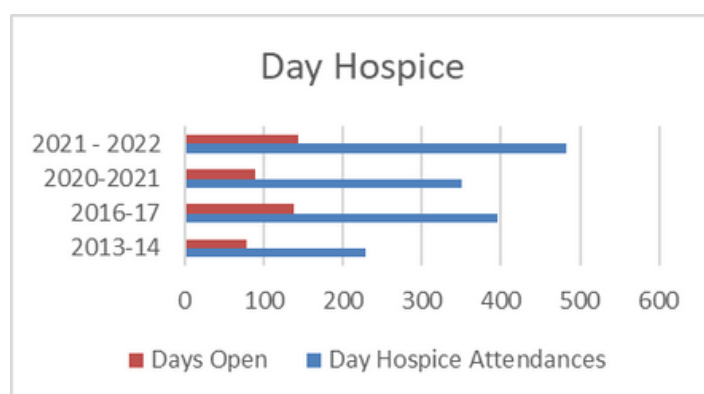
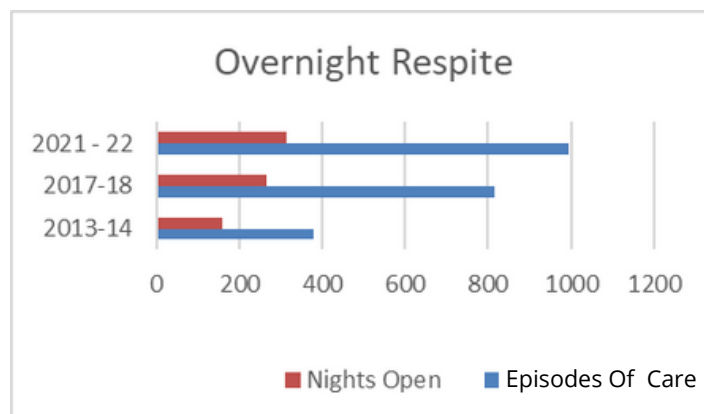
Hospice Manager's Report

Karen Eccles

Another great honour we received was to have abstracts accepted for members of our staff to present at two international conferences in October and November 2022. Our Community Liaison Nurse, Naomi Lettieri, will join Libby Moloney from the Willow Tree Foundation to talk about our "Going Home" programme, at the Australian Paediatric Palliative Care Conference in October. In November, two of our nurses will be making a presentation at the Hospice New Zealand Conference in Christchurch. The theme of this presentation is "The Community Hospice as part of a Compassionate Community".

Guest and Carer Services

This year we provided 995 episodes of overnight respite to 81 guests and their families, had 28 guests for 482 attendances at Day Hospice and provided 92 hours of support 7 families for people approaching end-of-life at home. We were privileged to support 24 people and their families through end-of-life in the hospice. The Day Hospice attendances were the highest we have had in one year, despite the programme being suspended for several weeks throughout the year due to COVID-19 outbreaks. The growth in service over recent years has been much greater than we ever imagined, and I would like to express my great respect and appreciation to our incredible team of staff and volunteers who keep turning up and giving 200%, no matter how busy we get. Each year, as the amount of care we provide increases, we believe we have reached the maximum capacity that we can provide with available resources, then find we are able to stretch again to get another new limit.



Hospice Manager's Report

Karen Eccles

Quality Management

On the 6th and 7th of December 2021 an onsite assessment by QIP assessors was conducted, to complete our third cycle of accreditation. Once again, we were successful in gaining accreditation. Our commitment to continuous quality improvement, made possible by the commitment and support of all our staff, volunteers and the Committee of Management is taken very seriously.

Volunteers and Staff

In line with the entire health industry, we have been impacted by a shortage of healthcare staff. The dedication of our staff, to ensure we continue to be available for the needs of our community, cannot be overstated. All have shown a great willingness to be flexible, to pick up extra shifts and to remain positive and cheerful, despite the added burdens of COVID-19 mitigation measures and an extremely high workload. Thank you all.

In April three new volunteers completed their Palliative Care for Volunteers training. The contribution of volunteers is vital in ensuring the ongoing success of Anam Cara Colac.

Our volunteers help in countless ways, with house and grounds maintenance, guest care and support and governance in the form of our Committee of Management. In dollar terms volunteering equates to an annual financial contribution of \$150,000, - considerable for such a small organisation.

The increase in the provision of guest care has also led to the increase of our support service staff. In April we welcomed Briannah Searle (Administration Assistant) and Murray Matthews (Grounds & Maintenance Supervisor) to the Anam Cara Colac team.

In 2023 I begin my 10th year as Hospice Manager. Being part of such a wonderful team of people ensures that my passion for and enjoyment of my work continues to grow.

Karen Eccles
Hospice Manager

Briannah Searle & Murray Matthews



Community Liaison Report

Naomi Lettieri

2021-2022, what a year! As I sit here writing my Community Liaison Nurse report, I reflect on the year. In the 10-year anniversary of our Community Hospice, Anam Cara Colac saw so many remarkable moments. I am proud of the wonderful work we continue to do at Anam Cara Colac. Our flexible and unique service has risen to the challenges of the year, providing responsive and timely care for people when they need it.

As Community Liaison Nurse, I have felt the challenges of our new normal with COVID-19 lingering in our communities and still affecting carers and guests. While remote working has continued to be a feature of my year from time to time, it has been wonderful to see the emerging buds of more face-to-face community engagement as the year has proceeded.

Throughout the year, our community relationships have continued to grow and be strengthened. Working in collaboration with Colac Area Health and Community Palliative Care, we have renewed our Memorandum of Understanding to continue to offer respite in-home for people with a palliative illness towards the end-of-life.

Our participation in networking meetings such as the Palliative Care Victoria, Volunteers Managers Meeting, Cultura's Multicultural Meeting, Community Palliative Care's Client Review Meeting, the Victorian Compassionate Communities Network, the Western Pacific Palliative Care Advocacy Network and meetings with Barwon Carer's Respite and have ensured that we have stayed connected, (demonstrating best practice.)

These meetings also provide opportunity to advocate for Palliative Care in spaces that Palliative Care may not otherwise have a presence. Building awareness of Palliative Care, of our Community Hospice and our services is a key component of my role, ensuring all those who may need our services are aware of their options. COVID-19 has presented challenges in allowing us to be physically present but, conversely, it has allowed us to also participate on local and national levels, through digital technology.

With the support of valued philanthropic supporters such as the Gardiner Dairy Foundation and the Foundation for Rural and Regional Renewal, we have been able to ensure that we respond to the challenges of COVID-19. Digital technology upgrades, SMART televisions and mobile devices have meant that not only our team have access to digital technology and the ability to access world-class training and networking opportunities, but also our guests and their families now have the capability to access our technology. They are now able to conveniently have medical appointments and catch up with family and friends online if they wish.



RESPECT DIGNITY TRUST COMPASSION COMMUNITY

Community Liaison Report

Naomi Lettieri

Through feedback from those who have used our service, along with those carers who we regularly support at the hospice, we have learnt that some earlier in-home support would be valuable for those with a palliative diagnosis. We have responded to this by commencing the development of a program to help people at home earlier, underpinning home care and support for carers, both in the hospice and at home. Not competing with, but enhancing, the wonderful range of services that already exist in our community.

We also received some wonderful feedback from our global Palliative Community when we were notified that the International Association for Hospice and Palliative Care (IAHPC) selection committee chose Anam Cara Colac as the winner of the IAHPC Institutional Recognition Award in the high-income country category. Anam Cara Colac was recognised for our hard work and commitment to the development of palliative care.



Community Liaison Report

Naomi Lettieri

Volunteer Report

The Volunteers that commit time to Anam Cara Colac are greatly valued. Without their support we would not have the service we have today. With support from the Give Where You Live Foundation, we have recruited a part-time Volunteer Coordinator. With a focus on support, recruitment, training and mentoring, we will ensure our Volunteers are supported in their roles.

In time, we plan to support volunteers to do more community-based volunteering. Colac is blessed with the range of community services and supports that are available to people living in the community. With more people wishing to stay at home for longer, particularly those with chronic life limiting illnesses, we aim to enhance the existing services, work in greater collaboration and help people be empowered to live at home with support and comfort.



Palliative Care Victoria Volunteer Conference

In 2022, Palliative Care Victoria held the first face-to-face Volunteer Conference in three years. We were delighted to have Anam Cara Volunteers represent our Hospice and have the opportunity to learn, network and enjoy the time spent in the company of each other and volunteers from other organisations.

The 2022 conference theme – one step – one word – one heart – recognised that volunteering has changed during the pandemic, but also new opportunities have emerged. Lyn Armistead, Lyn Harris, Cheryl Harlock, Deb Howlett and Jill Rodger went along and flew the Anam Cara Colac flag. The feedback was that it was a fantastic experience, and the sessions were interesting and informative.

We are grateful to Palliative Care Victoria, for the support of rural and regional volunteers to attend the conference. Our volunteers were the winners of sponsorship to the value of \$250 to subsidise travel and accommodation costs.

Naomi Lettieri
Community Liaison Nurse

Treasurer's Report

Wayne O'Brien

For Year Ended 30 June 2022

Anam Cara House Colac has produced a net loss of \$305,018 for the year compared to last year's net profit of \$456,693.

To put this loss into perspective, the world investment markets were decimated in the final quarter of the 2021/22 financial year and, despite a defensive investment strategy, our investments with our investment manager suffered the same demise and we recorded unrealised losses of \$169,358 which forms part of our total loss for the year. This is on the back of a reported increase in our investments of \$361,168 in the year ended 30 June 2021.

With increased occupancy, there has been a steady increase in operating costs including utility costs, overhead expenses, salaries and wages and insurance premiums. In another year managing the impact of the ongoing COVID-19 pandemic, we have not had the opportunity to hold any major fundraising events but Government grants, philanthropic grants and a strong income stream from NDIS funded guests has again supplemented our revenue for the year.

As we begin the new financial year, we have received funding for additional carer respite and carer support that will be a welcome stream of income in the 2022-2023 financial year.

With more than ten years history of providing quality home-like care, the community awareness in Anam Cara Colac continues to grow and there has also been guests from a wider region benefiting from the services offered.

The Government funding and the steady streams of income from other sources ensure an operating budget can be set and maintained for the next financial year. Improvement in investment returns and rising interest rates on our cash investments will also supplement our income streams.

A dedicated nursing team has been tested again, this year by COVID-19 conditions with staff resourcing presenting challenges at times, but the quality of service has been maintained admirably by the team which includes volunteers for all types of support services.

The Committee of Management regularly reviews its strategic planning each year to ensure the organisation remains nimble to change and can take up opportunities as they are presented over the year.

At the date of this report no matters or circumstances have arisen which would have a material adverse effect on the financial health of the organisation.

Wayne O'Brien
Treasurer



Our People

COLAC COMMITTEE OF MANAGEMENT



Diane Wright OAM
President



Marion Nott
Vice President



Helen Gibson
Secretary



Wayne O'Brien
Treasurer



Tim Gore



Lyn Harris OAM



Phil Harris



Andrea Langdon



Maryjane Crabtree



Dr Ian Mackay



Claire Dagley

RESPECT DIGNITY TRUST COMPASSION COMMUNITY

John Dowling

Newly Appointed Patron

In 2006, I had the pleasure to meet John Dowling and his lovely wife Ros, and in turn sell them a property at Carlisle River. We became good friends and kept in regular touch.

In 2008, I felt there was an important need to "open the door" to outside contact and potential donors to Anam Cara Colac - apart from just the local region.

The focus was to set up a Melbourne Fundraising Committee of predominately Melbourne based people of fine standing commitment, who had the same affinity with the South West of Victoria that Anam Cara Colac services.

John was foremost in my mind to not only join the committee, but to indeed become our esteemed Chairman - a position he held with aplomb.

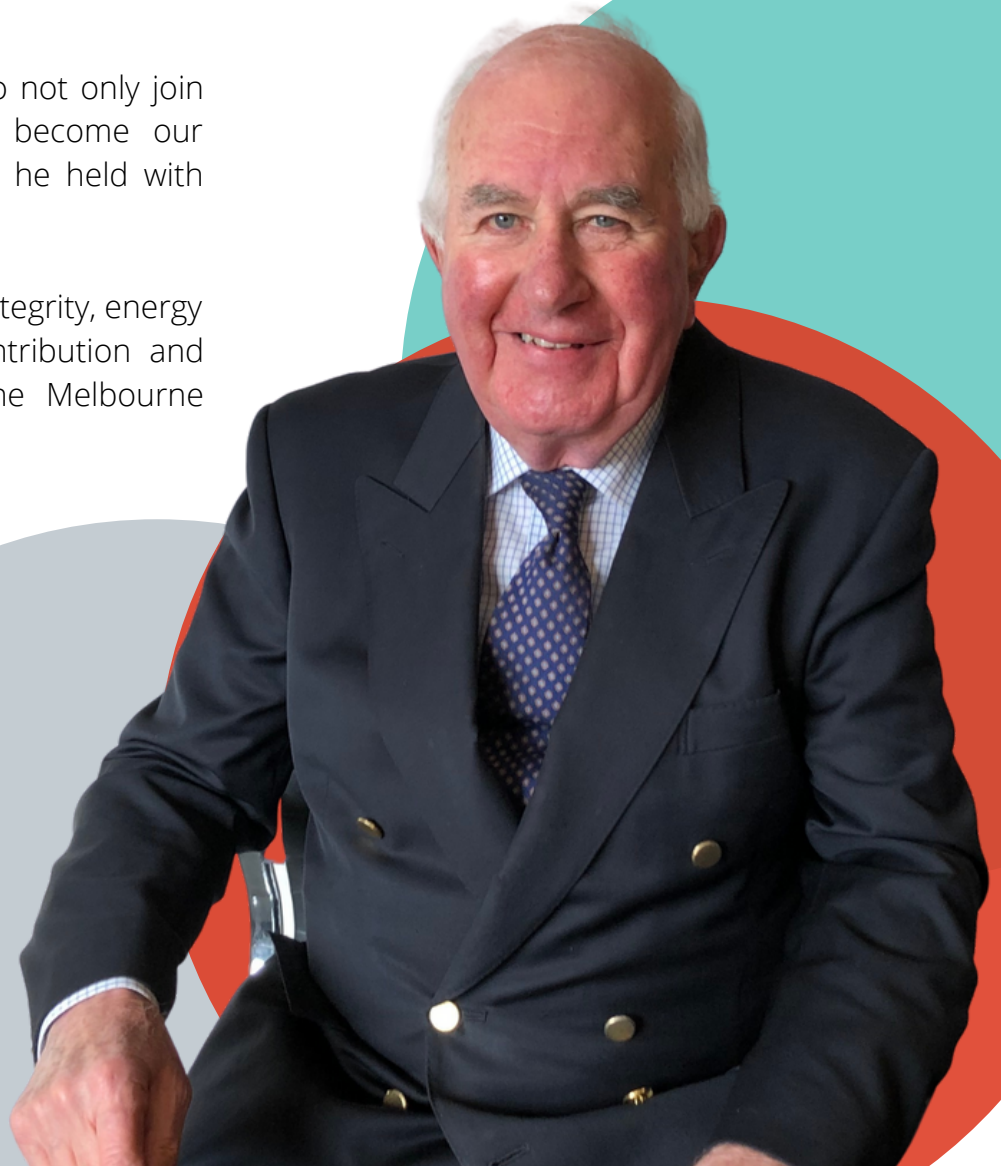
John's wisdom, humility, humor, integrity, energy and empathy made a huge contribution and impact to the great success the Melbourne Committee enjoyed.

A fine man, who continues to make a major contribution to Anam Cara Colac.

We are all very blessed to have a man of the calibre of John Dowling in our ranks.

John was appointed the third Patron of Anam Cara Colac at the 10th birthday celebratory event in March.

Michael Stewart
Patron





Life Members

March 2022 was a celebratory occasion of our 10th birthday with the appointment of 26 Life Members to Anam Cara Colac. This acknowledged the significant contribution of these "soul friends" to Anam Cara Colac of the past 10 years and more.

Back Row: Catherine Harris, Deborah Payton, Anne Mercer, Lyn Harris OAM, Andrew Wright & Wayne O'Brien

Middle Row: Phillip Harris, Andrea Langdon, Susan Spowart, Elizabeth Gore, Tim Gore, Lyn Armistead, Cheryl Harlock, Fr Michael O'Toole,

Front Row: Helen Gibson, Michael Stewart, Kylie Stewart, Neil Stewart, Yvonne Stewart, Diane Wright OAM, John Dowling, Mark Rosevear, Judy Davis & Sandra Turner

Absent: Wendy Hay & Kerry Turner

Our Volunteers

*a place
like home*

As part of their 40th Year Anniversary celebrations, Palliative Care Victoria compiled 40 stories from people involved in providing palliative care. Our long term volunteer, Kate Harris, shared her story:

How did you learn about palliative care?

When I was about seven years old my family moved in with my grandparents to help care for my grandmother who had had a stroke and was bedridden. The district nurse let me assist her by putting the clean pillowcases on. I learnt that you do not hold the pillow with your teeth!

How did you get involved as a palliative care volunteer?

I completed a Cert III in Aged Care in 2010 as a mature aged student. I did a placement at Barongarook Gardens in Colac and loved it. Then I was most fortunate to be employed at Mercy Place in Colac. I could not believe the feeling this job had been waiting just for me.

At the same time Diane Wright was establishing Anam Cara House in Colac. I put myself forward as a volunteer. I felt a great pull towards palliative care for some reason. I was still enjoying working at Mercy Place and could see that the extra attention, love, and care was appreciated by each person near the end of their life as well as their families. I would sometimes sneak that little extra tub of ice cream in for someone in my care.

What does your volunteer role include?

I help with personal care, general cleaning, preparing snacks and meals, assist with meals, listening, talking, comforting. I enjoy being a bit silly to make guests laugh. I assist staff, guests, families to complete tasks. Anything really, I do not mind what I do.

What are some of the highlights volunteering in palliative care??

Just how amazing people are, how generous of spirit they are. How we get to share experiences, the good, the bad and the sad. I have not seen the ugly.



Guest Nathan with Kate Harris

Our Volunteers

Is there a person or patient that stands out for you?

Anam Cara's first day respite guest. Her husband (and carer) was able to feel confident that she was safe and would enjoy her short-term respite. I have built a close relationship over the past 10 years with this guest and Cheryl (another volunteer). Time spent with them has provided some of my most memorable volunteering moments.

What has been your most memorable volunteering moment or experience?

When I was volunteering one day, helping with an end-of-life guest, I had my first experience of being there when someone passed away. The nurse on duty was just so gentle and caring to the dying man. She played music that he liked, quietly in the background and she spoke to him gently as he died, continuing after his death. I picked a rose and placed it on his chest at her suggestion. It was such a beautiful moment and I felt privileged to be there.

Can you share a positive change in palliative care in the last 40 years?

Attitudes have changed. When I was young my grandmother was at home with us, family provided the care mostly with some outside help. There is a greater recognition for care in home-like environments such as Anam Cara than 40 years ago.

What change would you like to see in palliative care in the future?

People need to be unafraid to seek options for place of care, to not feel guilty if they cannot cope with caring for someone at home and to understand that there are alternative supports available to them. There needs to be greater awareness of these options and governments should be financially supporting them.

What is your advice for someone thinking about volunteering in palliative care?

Firstly, to remember that it is about the guests and their families – not about you. You need empathy and to be a good listener, non-judgmental, to know when to be quiet and let people feel comfort in silence. If you are kind and thoughtful, you will be ok.

There is always someone in the team to bounce ideas off. Do not be scared to suggest something you feel people may like.

Our Milestones

- ∞ **Our "gold standard of care"** that provides care for the "whole person" addressing their physical, spiritual and psycho-social needs. This includes developing trusting relationships and ensuring good communication with guests and families. Plus collaborating with other palliative care providers: doctors, community nurses, social workers, allied health and religious ministers, ensuring guests' optimum quality of life.
- ∞ A **reliable and committed care team**, underpinned by stable and visionary governance with a strong commitment to the mission and values of Anam Cara Colac.
- ∞ Awarded the International Association of Hospice and Palliative Care Institutional Recognition Award 2022 in the high-income category.
- ∞ Completion of our third cycle of **Accreditation** in December 2021.
- ∞ Ongoing **Strategic Planning**, especially with regard to service delivery and succession planning at Management and Committee level.
- ∞ Renewal of the **Memorandum of Understanding** with Colac Area Health for the seamless delivery of palliative care within the community.
- ∞ A valued relationship with **Colac Otway Shire** who are supporting an approach by Anam Cara Colac for State Government funding.
- ∞ Respected relationships with local and regional Politicians who are also actively supporting our current funding approach to **State Government**.
- ∞ Support to other emerging palliative care providers eg **"Rosehaven"** Mansfield's Community Hospice.
- ∞ Provision of **In Home Respite**.
- ∞ Being selected to present at two **international conferences**:
 - the Australian Paediatric Palliative Care Conference
 - Hospice New Zealand Conference

Major Funding Contributors

>\$50,000

Neil & Yvonne Stewart
Michael & Kylie Stewart
Department of Health & Human Services
Federal Department of Health & Ageing
Melbourne Gala Event 2014, 2015, 2016 & 2017
H & L Hecht Trust
GWA Griffiths Estate
Anonymous Trust
The Midfield Group - Colin McKenna & Family
Colac Industrial Park - Socrates Papadopoulos & Peter McKay
Barry McVilly
The Hugh D.T. Williamson Foundation
Colac Gala Event 2018
Thyne Reid Foundation
The Ian Potter Foundation
Newman's Own Foundation
Allan Myers AO QC
Chris & Marilyn Meade
The Gualtierio Vaccari Foundation
Foundation for Rural and Regional Renewal (FRRR)-
including The Gardiner Foundation
Give Where You Live

>\$25,000

Ian Rollo Currie Estate Foundation
CRF (Colac Otway) Pty Ltd
Mortimer Petroleum
AMP Foundation
Gall Family Foundation
Collier Charitable Fund
The Anthony Costa Foundation
Dr IJ Bear AM
3CS/MixxFM
AL Lane Foundation
Estate Ruth Roche
Norm Tann
Cressy Satellite Group

Colac CBD Satellite Group
Lochrie Pty Ltd
Ross Higgins
The Caponero Grant

>\$15,000

Charles Stewart & Co Pty Ltd
John T Reid Vic Charitable Trust
AKD Softwoods
PMF Foundation
Geoff Lavender & Margie Drake
Landpower Colac Pty Ltd
Grosvenor Foundation
Crowe Horwath
Helen Macpherson Smith Trust
Jim & Elaine McMaster
BDH Constructions
Bendigo Bank Community Enterprise Foundation
The Jack Brockhoff Foundation
Budget Furnishings - David Harris
Clarke & Barwood Lawyers
Colac Hosts
D & K Richmond Pty Ltd
ET & EW Murnane Pty Ltd
Lynton & Elsie Evans
Merv & Faye Brunt
Michael & Susan Hanley
Ray & Maureen Wheadon
Richardson & Dennis Insurance Agencies
Spence Construction
Barongarook Satellite Group
Graincorp Operations Ltd
Colac Community Enterprise Foundation
Acciona/Mt Gellibrand Wind Farm
"MAE01 Soul Friend" Erskine Family Trust
The Honda Foundation
Andrea & Ray Langdon
Noel & Robyn Cuolahan

Grants & Major Donations

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AF Hoedeman
Alicja Rose
Andrea & Ray Langdon
Antonia Kubisz
Arnold & Kirkman Plasterers
Ashleigh Stewart
Barbara Kane
Beverly Mulder
Claas Harvest Centre Colac
Colac Central Bowling Club Inc
Colac Community Enterprises Ltd
Colac Otway Shire
Colleen Burley
Cory Beckett
Dan O'Brien
Denise Connor
Department Of Health
Department Of Industry
Diane Wright
Estate Of Henry Salmon
Estate Of James Murray Smith
Estate Of Margaret Costin
Findex Community Fund
Foundation for Rural & Regional Renewal
Give Where You Live
Helen Roache
International Association of Hospice & Pall Care
J & E McMaster
Jan & Stewart Thwaites
Jayne Amatnieks
Joan Hauber
John Daffy
John Dowling
Lake Colac Caravan Park

Lavanet
Lawrie Sharp
Lions Club of Birregurra & District
Lochrie Pty Ltd
Mandy Murnane
Mark Rosevear Builder
Michael & Kylie Stewart
Michael & Patsi Murray
Mortimer Petroleum
Mt Gellibrand Wind Farm Pty Ltd
Neil & Beth Richmond
Noel & Robyn Cuolohan
Paul & Barbara Kennedy
Pauline Ricker
Penny Hilsman
Peter Burns
Peter Dooley
Phil Harris
Riches Bros Electrical
Ross Higgins
Stevcom
Susan Milligan
Terry & Lyn Harris
The Caponero Grant
The DW Lidgerwood Family Trust
The Honda Foundation
The Midfield Group
The William Angliss Charitable Fund
Tony Cooper
Travis Moloney
Trevor Harty Painting & Decorating
WA & FG Tyrer
Wanda Allen
Williamson Family

Grants & Major Donations



How Can You Help?

BECOME A MEMBER

Annual Memberships for 2022/2023 are now due. Payments of \$50 may be made directly to the office or via direct deposit to our bank account (BSB: 633 000, Account No: 128 787 173).

VOLUNTEER YOUR TIME

Become a Palliative Care Volunteer (full training provided). Alternatively you may like to volunteer in one of the following areas - Maintenance and Grounds Team, Fundraising or Committee of Management.

MAKE A DONATION

We appreciate any support you can offer. Donations can be made online at www.anamcarahousecolac.org.au, directly to the office or via direct deposit to our bank account (BSB: 633 000, Account No: 128 787 173). Donations over \$2 are tax deductible.

LEAVE A BEQUEST

Including Anam Cara Colac in your Will is a wonderful way to help us continue our work.

FIND US

Visit the Website - to find everything you need to know about Anam Cara House Colac, visit us at www.anamcarahousecolac.org.au

On Facebook - "Like" us on Facebook to keep up with the happenings at the Hospice, www.facebook.com/AnamCaraHouseColac



ANAM CARA HOUSE COLAC (“ THE ASSOCIATION”) INC.
REGISTRATION NO. A0047930K

FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2022

Anam Cara House Colac Inc
Registered No. A0047930K
Financial Report for the year ended 30 June 2022

COMMITTEE'S REPORT

Your committee members submit the financial report of Anam Cara House Colac Inc. for the financial year ended 30 June 2022.

Committee Members

The names of committee members throughout the year and at the date of this report are:

Diane Wright	Ian Mackay
Wayne O'Brien	Phillip Harris
Tim Gore	Maryjane Crabtree
Marion Nott	Helen Gibson
Andrea Langdon	Lynette Harris
Claire Dagley	

Principal Activities

The principal activities of the association during the financial year were to operate a Hospice for charitable purpose.

Significant Changes

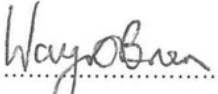
No significant change in the nature of these activities occurred during the year.

Operating Result

The loss for the financial year after providing for income tax amounted to \$305,018 (2021: profit of \$456,693)

Signed in accordance with a resolution of the Members of the Committee.


Diane Wright


Wayne O'Brien

Dated this 8th day of November 2022

Anam Cara House Colac Inc
Registered No. A0047930K
Financial Report for the year ended 30 June 2022

INCOME STATEMENT FOR THE YEAR ENDED 30 JUNE 2022

	Note	2022	2021
		\$	\$
INCOME			
Members' subscriptions		2,400	2,600
Donations & grants – community & philanthropic		459,762	561,261
Grants – government		261,067	239,478
Fundraising income		24,031	15,865
Government COVID19 support		-	34,784
Interest received		102	138
Increase in value in managed investment		-	361,168
		<hr/> 747,362	<hr/> 1,215,294
EXPENDITURE			
Advertising		9,362	1,887
Administration expenses		45,422	33,101
Bank charges		826	1,121
Cattle expenses		-	-
Utilities		18,271	20,032
Fundraising expenses		-	-
Decrease in value in management investment		169,358	-
Insurance		48,763	39,921
Operating costs		15,585	6,945
Postage & stationery		8,799	7,776
Property maintenance		17,023	13,992
Professional development		4,063	3,318
Superannuation		63,751	53,016
Salaries & wages		651,157	577,492
		<hr/> 1,052,380	<hr/> 758,601
Profit (Loss) before income tax		(305,018)	456,693
Income tax expense	2	-	-
Profits (Loss) after income tax		<hr/> (305,018)	<hr/> 456,693

Anam Cara House Colac Inc
Registered No. A0047930K
Financial Report for the year ended 30 June 2022

BALANCE SHEET AS AT 30 JUNE 2022

	Note	2022 \$	2021 \$
CURRENT ASSETS			
Cash and cash equivalents		2,261,462	2,573,093
GST receivable		822	1,055
Trade and other receivables		15,129	8,589
TOTAL CURRENT ASSETS		<u>2,277,413</u>	<u>2,582,737</u>
NON-CURRENT ASSETS			
Property, plant & equipment	3	<u>2,401,277</u>	<u>2,401,277</u>
TOTAL NON-CURRENT ASSETS		<u>2,401,277</u>	<u>2,401,277</u>
TOTAL ASSETS		<u>4,678,690</u>	<u>4,984,014</u>
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables		19,308	19,615
Grants in advance		-	-
TOTAL CURRENT LIABILITIES		<u>19,308</u>	<u>19,615</u>
NON-CURRENT LIABILITIES			
Grants in advance		-	-
TOTAL NON-CURRENT LIABILITIES		<u>-</u>	<u>-</u>
TOTAL LIABILITIES		<u>19,308</u>	<u>19,615</u>
NET ASSETS		<u>4,659,382</u>	<u>4,964,399</u>
MEMBERS' FUNDS			
Retained profits		<u>4,659,382</u>	<u>4,964,399</u>
TOTAL MEMBERS' FUNDS		<u>4,659,382</u>	<u>4,964,399</u>

Anam Cara House Colac Inc
Registered No. A0047930K
Financial Report for the year ended 30 June 2022

CASH FLOW STATEMENT FOR YEAR ENDED 30 JUNE 2022

	Note	2022 \$	2021 \$
CASH FLOWS FROM OPERATING ACTIVITIES			
Receipts from donors/community		452,290	587,520
Receipt of grants		324,902	285,323
Payments to suppliers and employees		(1,088,925)	(646,120)
Interest received		102	138
Finance costs		-	-
Net cash provided by (used in) operating activities	5	(311,631)	226,861
CASH FLOWS FROM INVESTING ACTIVITIES			
Purchase of property, plant and equipment		-	-
Net cash provided by (used in) operating activities		-	-
CASH FLOWS FROM FINANCING ACTIVITIES			
Proceeds from borrowings		-	-
Repayment of borrowings		-	-
Net cash provided by (used in) financing activities		-	-
Net increase (decrease) in cash held		(311,631)	226,861
Cash at beginning of financial year		2,573,093	2,346,232
Cash at end of financial year		2,261,462	2,573,093

Anam Cara House Colac Inc
Registered No. A0047930K
Financial Report for the year ended 30 June 2022

STATEMENT OF RECOGNISED INCOME AND EXPENSE FOR THE YEAR ENDED 30 JUNE 2022

	Retained Earnings
	\$
Balance at 1 July 2020	4,507,706
Profit attributable to members	<u>456,693</u>
Balance at 30 June 2021	4,964,399
Loss attributable to members	<u>(305,018)</u>
Balance at 30 June 2022	<u><u>4,659,382</u></u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2022

NOTE 1: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Reform Act 2012 (Victoria). The committee has determined that the association is not a reporting entity.

The financial report has been prepared in accordance with the requirements of the Associations Incorporation Reform Act 2012 (Victoria) and the following Australian Accounting Standards:

AASB 101: Presentation of Financial Statements;

AASB 107: Cash Flow Statements;

AASB 108: Accounting Policies, Changes in Accounting Estimates and Errors;

AASB 110: Events after the Balance Sheet Date;

AASB 116: Property, Plant and Equipment;

AASB 117: Leases;

AASB 118: Revenue; and

AASB 1031: Materiality.

No other applicable Accounting Standards, Australian Accounting Interpretations or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The special financial report has been prepared on the cash basis of accounting including the going concern assumption and thus the financial statements do not reflect commitments, obligations, receivables or payables.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

a. Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value as indicated less, where applicable, any accumulated depreciation and impairment loss.

b. Income tax

The association is exempt from income tax under Division 50 of the *Income Tax Assessment Act*.

c. Cash and Cash Equivalents

Cash and cash equivalents includes cash on hand, deposits held at call with banks, other short term highly liquid investments with original maturities of three months or less.

d. Revenue

Revenue from donations, membership fees and fundraising activities are recognised upon its receipt.

Interest revenue is recognised on receipt.

e. Goods and Services Tax (GST)

The association was registered for GST during the financial year.

Anam Cara House Colac Inc
Registered No. A0047930K
Financial Report for the year ended 30 June 2022

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2022

NOTE 2: INCOME TAX EXPENSE	2022	2021
	\$	\$

a. The components of tax expense comprise:

Current tax	-	-
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NOTE 3: PROPERTY, PLANT AND EQUIPMENT	2022	2021
	\$	\$
Anam Cara House-at cost		-
Anam Cara House-at valuation	2,350,000	2,350,000
Plant & equipment – at cost	51,277	51,277
	<u>2,401,277</u>	<u>2,401,277</u>

NOTE 4: AUDITORS' REMUNERATION	2022	2021
	\$	\$
Remuneration of the auditor of the Association for – auditing the financial report	-	-
	<u>-</u>	<u>-</u>

NOTE 5: CASH FLOW INFORMATION	2022	2021
	\$	\$
Profit (Loss) after tax	(305,018)	456,693
Changes in Assets and Liabilities		
- Decrease (increase) in trade and term debtors	(6,307)	7,400
- Decrease (increase) in inventories	-	-
- Increase (decrease) in trade and other payables	(307)	(284)
- Increase (decrease) in grants in advance	-	(236,948)
	<u>(311,631)</u>	<u>226,861</u>

Anam Cara House Colac Inc
Registered No. A0047930K
Financial Report for the year ended 30 June 2022

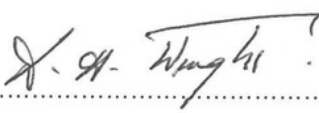
**ANNUAL STATEMENTS GIVE TRUE AND FAIR VIEW OF FINANCIAL POSITION AND
PERFORMANCE OF INCORPORATED ASSOCIATION**

We, being members of the committee of Anam Cara House Colac Inc, certify that -

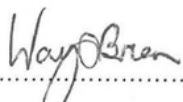
1. The statements attached to this certificate give a true and fair view of the financial position and performance of Anam Cara House Colac Inc during and at the end of the financial year of the association ending on 30 June 2022.
2. At the date of this statement, there are reasonable grounds to believe that Anam Cara House Colac Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:

President


Diane Wright

Treasurer


Wayne O'Brien

Dated this 8th day of November 2022

ANAM CARA HOUSE COLAC
ABN: 34 389 908 652
INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
ANAM CARA HOUSE COLAC

We have audited the accompanying financial statements of Anam Cara House Colac, which comprises the statement of financial position as at 30 June 2022 and the income statement, balance sheet, cashflow statement, statement of recognised income and expense, a summary of significant accounting policies and other explanatory notes and the committees' declaration.

The Responsibility of the Committee for the Financial Statements

The committee of the association are responsible for the preparation and fair presentation of the financial statements in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations). This responsibility includes designing, implementing and maintaining internal controls relevant to the preparation and fair presentation of the financial statements that are free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial statements based on our audit. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Auditor's Opinion

In our opinion, the financial statements present fairly, in all material respects, the financial position of Anam Cara House Colac as at 30 June 2022, and its financial performance and cash flows for the year then ended in accordance with the Australian Accounting Standards (including Australian Accounting Interpretations).

DW Accounting & Advisory Pty Ltd

Chartered Accountants



Andrew Draffin
Director
Level 4, 91 William Street, Melbourne VIC 3000
13 December 2022

Tribute to Queen Elizabeth II

Anam Cara Colac pays tribute to Queen Elizabeth II, who died on 8th September this year. Sovereign of the Commonwealth of Australia, her Majesty selflessly and faithfully served her people for over seventy years.

Queen Elizabeth was well known for her patronage of hospice care in the United Kingdom. Indeed, the monarch's last public duty (private audiences aside) was performed on July 15th, when, along with HR Princess Anne, the Queen made a surprise visit to formally open the new 'state of the art' Thames Hospice in Maidenhead, UK.

Following the official opening of Anam Cara Geelong in 2007, we too were honored to receive a letter from Queen Elizabeth II conveying her congratulations and best wishes, a most dedicated and caring Sovereign.

Vale ~ Elizabeth II Regina





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